

Lieutenant Commander Cassels received a naval commission from the U.S. Naval Academy, where she graduated with a Bachelor of Science degree in English. She later earned a Master of Business Administration degree from the Naval Postgraduate School. Lieutenant Commander Cassels' operational assignments have included service aboard the USS *Laboon* (DDG 58), USS *Mustin* (DDG 89), and USS *Lake Erie* (CG 70). During her service, she has completed a Sixth Fleet deployment, a Seventh Fleet patrol, and a shipyard overall and modernization. She also served as the flag aide to the Commander of Navy Recruiting Command.

Her extensive expertise, work ethic, and problem-solving skills were critical to my work ensuring that our military is ready when needed. While Lieutenant Commander Cassels will be missed by Team Garamendi, the U.S. Navy is lucky to have her in its ranks and we are excited for all her future successes.

Madam Speaker, on behalf of the people of California's Third Congressional District and a grateful country, I wish her fair winds and following seas and extend our deepest appreciation for her dedicated service.

RECOGNIZING THE MOTOR MACHINIST MATE 1ST CLASS (RETIRED) RICHARD EVERETT MARTIN UPON HIS 100TH BIRTHDAY

### HON. SCOTT PERRY

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, November 29, 2022*

Mr. PERRY. Madam Speaker, I'm honored to recognize Retired Motor Machinists Mate 1st Class (MM) Richard Everett Martin on this most auspicious occasion of his 100th birthday.

Growing up in the York Area, MM Martin attended William Penn High School, where he took a machinery and cabinet making course, while holding a job at Weaver Piano company. He split his months during his final high school year, between the factory and school, developing his love of machinery and honest labor.

After high school, MM Martin felt a call to serve and use his newfound passion, enlisting in the Navy Reserve in 1942 at the age of 19. Studying at the University of Missouri, as well as traveling to Norfolk and New York City, he completed his training and education to become a Motor Machinist's mate 1st class. He was assigned to the USS *LST-325*, a landing ship for amphibious assaults.

MM Martin was deployed to North Africa, where he would spend one (1) year training along the coast, before taking part in the invasion of Sicily. After a successful landing, during which MM Martin would receive The Purple Heart, the USS *LST-325* was deployed to Great Britain to take part in D-Day, where MM Martin, along with thousands of Allied Soldiers, bravely served.

MM Martin is the last surviving member of the original crew of the USS *LST-325*. His story stands as a testimony to true courage, bravery, and service. His service to our Nation reflects great credit not just upon himself, but also upon the Navy Reserve, as well as all those who served in World War II. As he continues to stand as an icon of selflessness, I wish him many more years of happiness and health.

### TRIBUTE TO CHUCK MILLER

### HON. JEFFERSON VAN DREW

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, November 29, 2022*

Mr. VAN DREW. Madam Speaker, I would like to honor the achievements of Sheriff Charles Miller. Sheriff Miller began his career in law enforcement as a patrolman for the Salem City Police Department in 1979. Then, in 1984, he was hired as an Investigator in the Salem County Prosecutor's Office. Sheriff Miller worked through the ranks at the Salem County Prosecutor's Office to become the Chief of County Detectives. After this, he retired from the Prosecutor's Office and accepted a position as a Security Domestic Planner with the Salem County Department of Homeland Security. Chuck stayed in this role until he was elected to be the sheriff of Salem County in 2006. He is currently serving his fourth term as Sheriff. During his tenure, Sheriff Miller has broadened leadership roles and developed new initiatives at the Salem County Police Department. Additionally, he has been an advocate for protecting the quality of life for seniors in Salem County, South Jersey. Sheriff Miller should be proud of his contributions to the South Jersey community, and it is my honor to have the opportunity to acknowledge his success. God bless Sheriff Miller, and God bless our United States of America.

### HONORING RACHEL RUNFOLA

### HON. KEVIN HERN

OF OKLAHOMA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, November 29, 2022*

Mr. HERN. Madam Speaker, today, I rise to honor a woman who has served Tulsa veterans with care and compassion for years. Rachel Runfola is a champion for Oklahoma veterans. She works tirelessly to help the men and women who have faithfully served our country. She is an invaluable asset, not only to our veterans, but to all of Oklahoma.

Thanks to Rachel's leadership with Tulsa's Support Services for Veteran Families, our veterans have access to safe housing, and the support they need to maintain it.

SSVF works to help local veterans who are homeless, experiencing a housing crisis, or facing eviction within 21 days. SSVF covers 42 counties and is planning to help over 800 families every year.

Our veterans deserve the very best we have to offer, and I know Rachel gives them exactly that.

I thank Rachel and the entire SSVF team for what they do every day to give our community's veterans a better life. It does not go unnoticed.

NOVEMBER CONSTITUENT OF THE MONTH, MASTER SERGEANT RUDY MORENO

### HON. MIKE LEVIN

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, November 29, 2022*

Mr. LEVIN of California. Madam Speaker, it is my great honor to recognize Master Ser-

geant Rudy Moreno, United States Air Force (Retired) as my November Constituent of the Month. Master Sergeant Moreno is a retired combat engineer who served in the United States Air Force for 20 years and has gone above and beyond to enrich our community.

After retiring from the Air Force in 2013, Master Sergeant Moreno returned to our community and began working as an Engineering Technician at Camp Pendleton. However, his service to our region does not end there. In 2017, he founded Helping Everyone Reach Opportunity (H.E.R.O.) Inc., a non-profit to instill discipline, encouragement, and accountability in at-risk youth through boxing and fitness. The program offers a safe and positive training environment for people ages 10 to mid-20s who are at risk of joining gangs or doing drugs. When the program's usual training space in Vista was no longer available due to the pandemic, Master Sergeant Moreno decided to create a boxing gym in his backyard so he could continue improving participants' mental and physical health.

During Veterans and Military Families Month, I am proud to honor an esteemed veteran like Master Sergeant Moreno, who bravely served our country and continues to contribute to our unique and beautiful district. His expansive military background and passion to improve the lives of others is honorable and it is why I am proud to honor Master Sergeant Rudy Moreno, United States Air Force (Retired) as my November Constituent of the Month.

### TRIBUTE TO MAJOR MAYA TROUPE, UNITED STATES ARMY

### HON. MARCY KAPTUR

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, November 29, 2022*

Ms. KAPTUR. Madam Speaker, I rise to pay tribute to Major Maya Troupe for her exemplary dedication to duty and service as an Army Congressional Fellow for my office from 1 January through 31 December 2020.

MAJ Troupe distinguished herself by serving in a broad range of assignments during her Army career. In her assignment as the Defense Fellow in my office, MAJ Troupe served as the lead on the defense portfolio and assisted with MILCON/VA and Foreign Operations. She provided insight on national security and Veterans Affairs priorities impacting over 50,000 military and veteran-related constituents and the defense industry in Northern Ohio.

MAJ Troupe transitioned to the Congressional Budget Liaison (BUL) for the Assistant Secretary of the Army for Financial Management as an Army budget liaison. In this role, she served as BUL Forward Liaison as the Army's direct budget lead for communicating strategic initiatives and requirements with House Appropriations Committee Members of Congress and professional staff, ensuring seamless synchronization of efforts. She served in this position from 1 January 2021 to 1 December 2022.

In her previous assignment, MAJ Troupe served as the Executive Officer to the Office of the Chief (OCAR), Army Reserve, G-1. Following her XO position, MAJ Troupe did a